

# Personal Equipment Checklist



Consider these items when planning and/or attending outdoor activities with our troop

## Any Outdoor Activity

- Med Form (*file with Troop*)
- Medicine  
(held by parent or leader)
- Scout Handbook
- Paper/Notebook & pencil/pen
- Uniform  
(Class B unless told otherwise)
- Hat – important in tick season
- Insect Repellant
- Camera (*optional*)
- Watch (cheap & waterproof)
- Cell phone (*optional - left in car*)

## Day Trip

- Sweatshirt and/or Coat
- Swimsuit & towel if needed
- Chair
- Fishing gear if needed
- Sports equipment if needed
- Sunglasses, glasses, contacts
- Spending money if needed

## What NOT to bring

- ⊘ Never bring any gun other than a squirt gun
- ⊘ Never bring alcohol or tobacco
- ⊘ Adults cannot use tobacco in the presence of Scouts
- ⊘ Never bring fireworks, sparklers, etc.
- ⊘ Never bring any pet of any kind
- ⊘ No fixed blade knives
- ⊘ Candy, food, snacks not allowed in tents
- ⊘ Ask before bringing any personal food items
- ⊘ Open toe shoes cannot be worn in camp  
(*allowed for shower only*)
- ⊘ Never bring anything expensive or irreplaceable
- ⊘ No electronics, radios, TVs, iPads, etc.

## Outdoor (10) Essentials

- Pack for all camping and hikes
- Small Personal First Aid Kit
  - Water Bottle (*1 liter*)
  - Flashlight
  - Trail Food
  - Sunscreen / protection
  - Whistle
  - Map and Compass
  - Rain gear, poncho, etc.
  - Pocketknife
  - Matches / fire starters

## Day Hike

- Daypack, backpack
- Good walking shoes or boots
- Change of clothes

## Weekend Campout Items

- Tent
- Ground Cloth
- Sleeping Bag
- Fleece sleeping bag liner (*optional*)
- Blankets (*optional*)
- Sleeping Pad / Mat
- Pillow (*optional – small*)
- Ear Plugs (*optional*)
- Mess Kit  
(Cup, plate, utensils, bowl)
- Toothbrush & Toothpaste
- Soap, shampoo, towel
- Personal items/toiletries
- Toilet Paper
- Season appropriate clothes
- Ziplocs for dry storage
- Survival kit
- Work gloves if needed
- 2-3 trash bags

## Suggested Clothing

- 2-3 pair socks (*wool is ideal*)
- 2 underpants
- long underwear
- 2 pairs of pants (*not cotton*)
- 2 shirts
- sweatshirt or windbreaker
- Warm coat
- Ski cap / toboggan (*even in spring/fall*)
- Gloves or mittens
- Rain jacket or poncho

Always look at the weather and adjust accordingly

Avoid Cotton, especially in cold weather

**Troop 332 supplies many troop & patrol items such as** Food, Paper Towels, Napkins, Garbage bags, Saws, Rakes, Shovels, etc.

**NOTE:** You do not need to go out and purchase expensive gear. If you have questions, see us and we can provide recommendations