

# Personal Packing List



Rev 4/5/2026

Consider these items when planning and/or attending outdoor activities

	BASICS	GEAR	CLOTHING
ANY OUTING	<input type="checkbox"/> Med Form <i>(current + filed with Troop)</i> <input type="checkbox"/> Medicine <i>(held by parent or leader)</i> <input type="checkbox"/> Scout Handbook (in Ziploc) <input type="checkbox"/> Paper/notebook & pencil/pen <input type="checkbox"/> Watch <i>(cheap &amp; waterproof)</i> <input type="checkbox"/> Cell phone <i>(see electronics policy)</i> <input type="checkbox"/> Daypack / backpack <input type="checkbox"/> Sunglasses, glasses, contacts <input type="checkbox"/> Camera <i>(optional)</i> <input type="checkbox"/> Insect Repellant	<b>Outdoor (10) Essentials</b> <input type="checkbox"/> Small Personal First Aid Kit <input type="checkbox"/> Water Bottle <i>(1 liter)</i> <input type="checkbox"/> Flashlight <i>(w/ extra batteries)</i> <input type="checkbox"/> Trail Food <i>(typically provided)</i> <input type="checkbox"/> Sunscreen / protection <input type="checkbox"/> Whistle <input type="checkbox"/> Compass <input type="checkbox"/> Rain Gear <i>(jacket, pants, poncho...)</i> <input type="checkbox"/> Pocketknife <i>(req. Toten Chip)</i> <input type="checkbox"/> Matches / fire starters	<input type="checkbox"/> Uniform <i>(Class B unless told otherwise)</i> <input type="checkbox"/> Hat – important in tick season <input type="checkbox"/> Footwear appropriate to activity <input type="checkbox"/> Change of clothes <input type="checkbox"/> Sweatshirt and/or Coat
OVERNIGHT CAMPING	<input type="checkbox"/> Mess kit <i>(Cup, plate, bowl, utensils)</i> <input type="checkbox"/> Toothbrush & toothpaste <input type="checkbox"/> Personal items/toiletries <input type="checkbox"/> Hand sanitizer <input type="checkbox"/> Ear plugs <i>(optional)</i> <input type="checkbox"/> 1-2 trash bags <input type="checkbox"/> Rope / paracord <input type="checkbox"/> Ziplocs for dry storage <input type="checkbox"/> Survival kit <i>(optional)</i> <input type="checkbox"/> Spending money <i>(if needed)</i>	<input type="checkbox"/> Backpack or large duffel bag <input type="checkbox"/> Tent <input type="checkbox"/> Ground cloth <input type="checkbox"/> Sleeping bag <input type="checkbox"/> Sleeping pad / mat <input type="checkbox"/> Pillow <i>(optional – small)</i> <input type="checkbox"/> Chair  <b>Cold Camping</b> <input type="checkbox"/> Sleeping bag liner <i>(optional)</i> <input type="checkbox"/> Blankets <i>(optional)</i> <input type="checkbox"/> Hand Warmers <i>(optional)</i>	Adjust for current weather forecast Avoid Cotton, especially in cold weather  <input type="checkbox"/> 2-3 pair socks <i>(wool is ideal)</i> <input type="checkbox"/> 2-3 underpants <input type="checkbox"/> 2 pairs of pants or shorts <input type="checkbox"/> 2 shirts <i>(rated for weather)</i> <input type="checkbox"/> Long-sleeve outer shirt <input type="checkbox"/> Sweatshirt or fleece jacket <input type="checkbox"/> Toboggan cap <i>(even in spring/fall)</i> <input type="checkbox"/> Sleepwear <input type="checkbox"/> Swimsuit & towel <i>(if needed)</i> <input type="checkbox"/> Work gloves <i>(if needed)</i>  <b>Cold Camping</b> <input type="checkbox"/> Long underwear top & bottom <input type="checkbox"/> Warm coat & layers <input type="checkbox"/> Gloves or mittens
WHAT NOT TO BRING	<del>Never bring any pet of any kind</del> <del>Never bring alcohol or tobacco</del> <del>Never bring fireworks, sparklers, etc.</del> <del>Adults cannot use tobacco in the presence of Scouts</del> <del>Ask before bringing any personal food items</del> <del>Candy, food, snacks are not allowed in tents</del>	<del>No fixed blade knives</del> <del>Never bring any guns or weapons</del> <del>Never bring anything expensive or irreplaceable</del>	<del>No open toe shoes <i>(except while in shower)</i></del>

**Notes:** Separate packing lists available for summer camps and backpacking trips

**Troop 332 supplies many troop & patrol items such as food, cooking gear, paper towels, trash bags, saws, etc.**

You do not need to go out and purchase expensive gear. We can provide recommendations